

MONK FRYSTON & SAXTON CHURCH OF ENGLAND PRIMARY SCHOOLS



E-Safety Policy

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1.1 Definition of Safeguarding

The following is the accepted definition of 'Safeguarding and the Promotion of Wellbeing for Children':

□ to protect children from maltreatment;

□ to prevent the impairment of a child's health or development;

 $\hfill\square$ to ensure the child grows up in circumstances consistent with the provision of safe and effective care; and

 $\hfill\square$ to ensure that this role is undertaken so as to enable children to have optimum life chances and enter adulthood successfully.

1.2 Definition of e-safety

In addition to the definition set out at 1.1 the term "e-safety" is specifically defined for the purposes of this document as the process of limiting the risks to children and young people when using Internet, Digital and Mobile Technology (IDMTs) through a combined approach to policies and procedures, infrastructures and education, including training, underpinned by standards and inspection (source BECTA).

1.3 SchoolVision

Our vision is that all children and young people, all parents/carers and foster carers and all those working with children and young people recognise these risks and potential dangers that may arise from the use of Internet, Digital and Mobile Technologies, that they understand how to mitigate these risks and potential dangers and are able to recognise, challenge and respond appropriately to any e-safety concerns so that children and young people are kept safe.

2. Background

Under Section 11 of the Children Act 2004, all professionals have a duty to safeguard and promote the welfare of children and young people. It is therefore universally recognised and accepted that this duty becomes everyone's responsibility. Children and young people can only be safeguarded properly if everyone involved with them works effectively together and accepts responsibility for promoting their welfare and includes adults who are their parents/carers and foster carers.

Children and young people should be:

- □ Safe from maltreatment, neglect, violence and sexual exploitation;
- □ Safe from accidental injury and death;
- □ Safe from bullying and discrimination (which includes cyber bullying)
- □ Safe from crime and anti-social behaviour in and out of school
- $\hfill\square$ Be secure, stable and cared for.

It is therefore under this outcome that the context for e-safety arises.

2.1 Scope

Our Schools haveto raise awareness and educate those involved in a young person's welfare and development about the dangers that young people can face in the digital world, whilst accepting that safety in the digital world is not simply a technological issue, removal or banning of access to digital technologies is not the answer but rather education around responsible use and potential dangers is the key.

Children and young people can be abused in their homes, community settings, and educational settings through the use of digital technology by adults, other children or strangers. We therefore have to raise awareness and educate those involved in a child's / young person's welfare and development about the dangers that children/young people can face in the online world.

For many children, the online 'virtual' world is as real to them as the 'real' world; however the digital world needs to be seen in the same context as the real world in that it also has dark alleys and dangerous places which children and others would be unwise to venture into. Children do not always recognise the inherent dangers of the internet and often do not understand that online behaviour may have offline consequences.

Despite this, digital technologies can offer children and young people opportunities to learn and develop, communicate, be creative and be entertained. The advantages of the internet can and should out-weigh the disadvantages. However, we now have a greater understanding to the extent of these day to day dangers the virtual world can pose to children / young people:

□ Children / young people have been 'groomed' online by adults (often pretending to be other young people) with the ultimate aim of exploiting them sexually.

□ Children / young people have been bullied by other young people via social networking sites, websites, instant messaging and text messages; this is often known as 'cyber-bullying'.

□ Inappropriate (i.e. threatening, indecent or pornographic) images of children and young people have been taken, uploaded and circulated via social network websites,

mobile telephones and video broadcasting websites such as You Tube, often by other young people. This is a criminal offence under s45 of the Sexual Offences Act 2003.

□ The dangers attached to gang culture can rapidly accelerate online as many gangs 'advertise' or promote themselves via websites or social networking sites or if threats of violence, threats to an individual's life or threats of retaliation are posted online by opposing gang members.

□ Unsuitable websites and images can easily be accessed online.

□ Children/ young people have been victims of Child Sexual Exploitation facilitated by the use of the internet.

Ignoring the dangers that children / young people can face would lead to serious gaps in our responsibilities towards safeguarding and child protection.

<u>3. Aims</u>

The Schools have a moral and legal responsibility to ensure that our community is committed to its responsibility towards e-safety thus ensuring the safety of our children as far as it is practicable to do so.

Due to the rapid advancement of digital technologies, young people embrace and understand advancement in the internet and mobile telephones as the 'norm' and view this 'virtual world' as an extension to their physical world – in this sense children are often referred to as 'digital natives'.

Common technologies include:

- □ The Internet
- Email
- □ Instant messaging
- □ Blogs / Twitter

- Podcasts
- □ Social networking sites such as Facebook
- □ Location based social networking
- □ Video broadcasting sites such as YouTube
- □ Chat rooms, where still used
- □ Skype/ Zoom
- Online gaming rooms and platforms
- Music download sites
- □ Mobile phones with camera and video functionality
- □ Applications

Very often, children / young people's methods of communication and emotions are relayed to others via digital technology whereas for adults, IDMT is often viewed simply as a tool, solely to be used for a specific task (e.g. by being accessible to others or to use the internet etc.) Adults may not necessarily understand the apparent necessity for children / young people to constantly be online but should appreciate that excessive usage of IDMT could impair a child's welfare or development by inhibiting real life experiences and social relationships and parents and carers should, therefore, have some degree of control over the amount of time children / young people have access to IDMT.

Parents and carers may also view this seemingly constant use of IDMT as a barrier to communication rather than an aid and we can therefore no longer consider the wellbeing of children / young people and safeguard them without addressing the potential dangers of the online world.

This policy therefore recognises the potential dangers and risks children and young people can encounter in the online world and provides advice on how to minimise any potential risk to children.

4. Principles & Responsibilities

School staff are aware of the relevant person / team to contact and report to should they have any safeguarding concerns in line with the procedural flowchart in Appendix 4 of this policy. Usually this is the designated safeguarding lead, or in their absence the deputy safeguarding lead.

The school will record and monitor e-safety incidents and keep up to date with the emergence of new technologies and trends, including those relating to emailing and mobile phones and be confident in developing appropriate in-house management and communication strategies.

4.1 Education and Learning

The rapid development in IDMT is an essential component in 21st century life for education, leisure, business and social interaction. Our school does so in a way that is safe and age appropriate for children by way of appropriate filtering. The consent of the parent/carer or foster carer is always provided when a child enters the school and children agree to adhere to our e-safety rules and acceptable usage policy.

As IDMT is now part of the statutory school curriculum, we are aware of the potential dangers (including online grooming), the legal implications and are educated in how to effectively research information from the internet and validate it's accuracy. Young people also use IDMT outside of the school environment and must be encouraged to learn how to evaluate information in order to safeguard themselves from unsuitable and inappropriate websites, particularly if the young person is vulnerable (i.e. those promoting eating disorders, teenage suicide, terrorism and pornography etc.). Staff are recommended to take advantage of the many free training resources and educational toolkits available at the ThinkYouKnow and Yorkshire and Humber Grid for Learning websites: www.thinkyouknow.co.uk and www.yhgfl.net/Resources

These include advice, posters / leaflets, access to other websites, short films, gaming advice etc. and also includes age appropriate key stage information and toolkits which can be incorporated into lesson plans. There are also appropriate resources available for children with disabilities and special educational needs.

The taking and distribution of indecent images of a child or young person under the age of 18 years is a common issue but is also a criminal offence – this often known as 'Sexting' (and includes self-taken indecent images). Whilst the Association of Chief Police Officers (ACPO) suggest that this should be dealt with as a safeguarding issue, young people must be made aware that perpetrators (including those who forward these images) could be prosecuted under s45 of the Sexual Offences Act 2003 for the distribution of child pornography which may result in them being registered on the Sex Offenders Register if convicted. Young People should be under no doubt that this criminal record could impact future further education and employment prospects by barring them from working in many occupations. As the quantity and quality of information available from the Internet can also be even more difficult to determine than that sourced from other mediums, children / young people must also be taught that the accuracy of information may not always be correct and true, and importantly that the people they encounter on the Internet may not always be who they say they are.

Researching potentially emotive themes such as the Holocaust, Civil Wars or Religion, etc. provides children / young people the opportunity to develop strong evaluation skills about the conflicting variety of information held on Internet – some which undoubtedly leads to derogatory or misleading web links which may completely deny or wholly misrepresent these events. Children / young people should also learn and develop the technical and literacy skills required for them to safely refine their own digital publishing and have respect for and comply with copyright or intellectual property rights.

4.2 Keeping up to date with Technology

The designated ICT leads should register with websites such as Ofcom <u>www.ofcom.org.uk</u> in order to keep up to date with new digital technologies.

4.3 Managing ICT Systems

Security is a complex matter and queries should always be referred directly to the headteacher or governing body. Employees and service users (including young people) should be aware that abuse of recognised policies and procedures could result in a withdrawal of technology provision and potential legal / disciplinary action being instigated against the perpetrator.

All users are compliant with the Acceptable Use Policy (AUP). Common security issues include, for example:

□ Users must not act un-reasonably and be inconsiderate of other service users.

- □ Users not taking responsibility for their own network use
- □ Computer and internet access should have appropriate security and anti-virus protection.

Users seeking to disable or circumvent security measures – filters, encryption etc.

□ Personal and sensitive electronic data taken offsite without being security encrypted and authorised by management.

□ Unapproved software being introduced into local networks and not authorised by management.

4.4 Filtering

Levels of internet access and supervision are age appropriate and suitable for the environment the young people are attending. Filtering systems are secure but adaptable.

Access controls (filtering) fall into several overlapping types:

□ Blocking strategies prevent access to a list of unsuitable sites. Maintenance of the blocking list is a major task as new sites appear every day.

□ A walled garden or "allow list" restricts access to a list of approved sites. Such lists inevitably limit young people's access to a narrow range of information.

□ Dynamic filtering examines web page content or email for unsuitable words. Filtering of outgoing information such as web searches is also required.

□ Rating systems give each web page a rating for sexual, profane, violent or other unacceptable content. Web browsers can be set to reject these pages.

□ Access monitoring records the Internet sites visited by individual users. Attempted access to a site forbidden by the policy will result in a report.

Our Schools use an industry standard system as approved by North Yorkshire County Council and the Yorkshire and Humber Grid for Learning. Management should ensure that regular checks are made to ensure that filtering methods selected are age appropriate, effective and reasonable. Access to inappropriate websites should always be reported to management and any material perceived to be illegal must be reported to management who should escalate this to the appropriate agency.

<u>4.5 Email</u>

Email is now an essential means of communication which can also be accessible via most mobile phones. A degree of responsibility has to sit with children and young people since, as soon as email access is permitted, it is very difficult to control. Restricting both incoming and outgoing email to specific addresses is possible, however, not always practical as addresses can easily be changed. Google mail used by our schools is scanned and filtered for spam and has an editable abusive language filter.

Email should not automatically be considered private and the school reserves the right to monitor email. However, there has to be a balance between maintaining the safety of children / young people and their rights to privacy, which are covered by legislation. Email content and tone must also be considered. Due to the impersonal nature of email, children and young people may write things or be aggressive or dismissive in tone which may be hurtful to others, even if such content or tone is not intended it may still be considered as cyber-bullying.

General guidance includes:

□ Children / young people should not reveal personal information about themselves or other young people via email nor ever arrange to meet strangers by email without

specific permission from an adult in authority and this should always be under supervision

□ Professionals should only communicate with young people by email if this has been agreed in advance with the child / young person, their parent/carer/foster carer and

management and via equipment owned by their employer.

 $\hfill\square$ Professionals should never disclose their personal email addresses to children / young people.

□ Children / young people should advise an adult if they receive offensive or threatening email.

4.6 Mobile Phones

Most young people now have access to mobile telephones which are generally perceived as essential to their day to day living and communicating and now offer access to the internet, instant messaging, email, social networking, a camera and video facilities. Mobile phones are becoming the most commonly used tool for internet access and social networking for young people. Mobile phones therefore pose one of the biggest online threats to young people as they allow instant access to all forms of IDMT, but unlike static PC's the mobility of the technology means that the online digital world may be accessed by a child or young person virtually anywhere – and as a consequence without the scrutiny or supervision of their parent or carer. This, therefore, makes the user more readily at risk from cyber bullying, being the victim of inappropriate / indecent images being taken and shared with others, being groomed online or by telephone by a stranger or a professional, being the victim of scamming or phishing or even through being a victim of theft or mugging for the mobile phone by an adult or another young person(s).

Children / young people should only share telephone numbers with those known to them and ensure that electronic records (call, text and email logs) are kept of any bullying or threatening telephone calls, text messages, emails or images received which may need to be used as evidence in any police investigation. Children / young people should be careful about accepting invitations to join location based social networking sites such as GyPSii that allow your location to be identified via GPS enabled phones.

Our Schools do not allow the use of mobile phones during school hours. However, in some instances we may permit responsible use of the mobile phone in conjunction with a cyber-bullying education programme. Staff are allowed to use mobile phones in compliance with our AUP, but must never store images of children on personal devices.

4.7 Social Networking

The Internet provides ready access to online spaces and social networking sites which allow individuals to publish un-moderated content. Social networking sites such as Facebook, Twitter, Chat Rooms, Online Gaming Platforms and Instant Messaging can connect individuals to groups of people which may be friends in the 'virtual' world but who may have never met each other in the real world. Users can be invited to join groups and leave comments over which there may be limited or no control.

Children / young people should be encouraged to consider the associated risks and dangers related to sending or accepting friend requests and posting personal comments, inappropriate images or videos about themselves or their peers and the subsequent difficulty in removing an inappropriate image or information once published. They should also be advised not to publish detailed private thoughts or emotions which could be considered threatening, intimidating or hurtful to others. Where possible, any social interaction features of websites and software will be filtered by school management and pupil access limited appropriately.

Children / young people should also be encouraged to never give out any personal details or images which may identify themselves, their peers, their siblings / foster siblings, their location or any groups, schools or organisations they attend or associate with. This includes real names, dates of birth, address, phone numbers, e-mail addresses, photographs or videos, school attended, IM and email addresses, including those of friends, family / foster family and peers. This also includes any 'gangs' they may be affiliated with.

Children / young people must be advised about e-security and encouraged to set passwords, deny access to unknown individuals and instructed how to block unwanted communications. They should be encouraged to invite known friends only and deny access to others by making their profiles private and only accept friend requests from those already known to them.

Care should be taken to delete old and unused profiles from websites which are no longer used as these will remain accessible to others. Personal information voluntarily shared by a young person is unlikely to remain the same as the person matures and has a greater understanding of how personal information about them can impact on their later lives (i.e. perspective employers making an online search of their name and sighting inappropriate photographs, videos or content etc.)

Professionals working or in a position of trust with children / young people (including volunteers) must also familiarise themselves about the risks and inappropriateness of sharing personal information about themselves via social networking sites with young people. They should be made aware of that any inappropriate material posted could affect their professional status.

Professionals should restrict access to their friends and family only and 'friend requests' by a young person should be politely declined by explaining professional boundaries. Professionals should also steer clear of social networking sites that young people are known to frequent.

4.8 Web Cameras

Web cameras allow young people to converse online with each other face to face. Although the benefits include being able to see the other person you are conversing with, there are also dangers attached to both viewing and being viewed online by another person. These include:

□ Being visibly identifiable to the other person. This can also be if anything in the background helps further identify the child / young person such as a school badge, a certificate with the young person's name on it on a wall, a view from a window etc.

□ The child / young person does not have an image of the other person they are conversing with. A common excuse provided would be that their webcam is broken however this does not allow the young person to see the other person they are conversing with and the other person may not be who they say they are.

□ Inappropriate or indecent images may be exchanged and recorded and the child / young person blackmailed into performing further sexual acts online which may then be published by the perpetrator.

□ The child / young person can be persuaded to participate in risky behaviours online which could put them at risk (i.e. encouraged to remove clothing or attempt suicide online).

The child / young person may witness the other person performing an indecent or upsetting act.
The child / young person can be 'groomed' online and encouraged to meet up with the other person.

□ Children / young people have instant access to websites that offer random webcam chat with strangers. Parents / carers and foster carers should only permit webcam access in a common family area under supervision.

4.9 Gaming

Online gaming can be good, competitive fun for children / young people providing users are aware of the following risks:

□ It can become incredibly addictive in a very short time. Young people can become so immersed in their online communities that they lose touch with the outside world. Certain games demand users to be online during school times and at night, often without their parent's knowledge. Counselling can normally be arranged via a GP for severe addictions.

□ Young people may participate in games designed for adults which expose them to levels of language and violence inappropriate to their age – particularly Role Play Games.

□ Parents themselves can become gaming addicts and lose any sense of parental responsibility towards their children.

□ Gamers can become abusive towards other young gamers, often subjecting the young person to cyber-bullying if the sites have a chat facility.

□ There are some children / young people who engage in risky behaviour to obtain "cheats" or knowledge to progress within a game. Adults with a sexual interest in children will encourage them to engage in inappropriate behaviour for rewards including sexual acts via webcam or sex chat.

□ Children / young people need to understand that their online behaviour has offline consequences and if another online gamer tries to engage them in a sexual manner, this must be reported to the sites moderator and CEOP immediately. Parents / carers and foster carers should only permit gaming access in a common family area under supervision

4.10 Cyber-bullying

Cyber-bullying can be defined as "The use of Information Communication Technology, particularly mobile phones and the internet to deliberately hurt or upset someone" (DCSF 2007).

Children / young people should find using IDMT as a positive and creative part of their everyday life. Unfortunately, IDMT can also be used negatively to target a specific young person or group.

When young people are the target of bullying via comments and threats made on mobiles phones, social network sites and internet websites, they can often feel emotionally bruised, frightened and alone, particularly if adults around them do not understand or are aware of this occurring. A previously safe and enjoyable environment for young people's activities can become threatening, harmful and a source of anxiety.

Cyber-bullying, unlike 'real world' bullying can happen 24 hours a day, 7 days a week and is often perpetrated in the victim's home which is usually assumed as a safe and private haven away from the reach of bullies. The scale and scope of cyber-bullying may be very much greater than other forms of bullying due to the very nature of electronic messaging. Unlike 'real world' bullying the cyber-bully may remain anonymous and may never be in the same space as the person being bullied.

A number of high profile cases inform us that cyber-bullying can lead to serious physical harm, either through the victim's thoughts and actions turning to self-harm or even suicide or in other cases violence can ensue or escalate after cyber-bullying to the extent where a child or young person may be seriously harmed or even murdered in retaliation. These devastating physical consequences of cyber-bully must never be ignored or minimised. It should also be noted that professionals, especially teachers and other education staff are particularly vulnerable to 'cyber-bullying' by pupils or even expupils, which may include general insults, threats, harassment, defamation, homophobic or racist

remarks or other forms of prejudice based bullying. The effects of cyber bullying by young people on adults are equally distressing and the impact on the victim can be just as profound – Government guidance notes remind us that cyber bullying incidents are upsetting whoever the victim is and whatever age they are. Employers should be alert to the possibility and potential for cyber bullying towards members of staff by young people and appreciate there is no 'one size fits all' or single solution to the problem.

Instances of cyber-bullying must be responded to sensitively and in line with existing anti-bullying policies and procedures in our school. The victim of cyber-bullying must be reassured they have done the right thing in disclosing the bullying and be supported. Please refer to the attached Appendix 2 for further information on this. This should also be cross referenced with our anti-bullying policy.

4.11 Publishing young people's images and work

Our school website may be inspired by pieces of work and quotations and statements from young people. Often these can include images users which help promote and make the organisation identifiable to other young people.

Still and moving images and sounds can add liveliness and interest to a publication, particularly when young people are included nevertheless the security of children / young people is paramount and names and identifiable locations of young people should never be linked to their images. (For example, a child placed in a refuge for domestic violence could be traced back to a school by their school uniform).

Children / young people should also be advised when photographs or video footage of them is being taken and images should never be published without the consent of the young person, and the written consent of their parent/carer or foster carer.

Although it is fairly simple to upload comments, images and videos on social networking and video broadcasting websites, young people must be encouraged to consider the associated consequential risks and dangers in doing this and the difficulties in removing this content, particularly if the content subsequently becomes the property of the publisher. Inappropriate offensive, pornographic or threatening content can have devastating consequences to individuals and groups (including gangs) and young people should be made aware of the legalities and long term implications of doing this.

4.12 Illegal Downloading

Whilst there are many sites where music, videos and software can be legally downloaded, children and young people must be made aware that they could be breaking the law by downloading copyright protected files or by infringing other intellectual property rights. The various industries affected by illegal downloading (particularly music) do monitor the internet and can take legal action ranging from fines to suing those who hold parental responsibility. It is recommended that websites are thoroughly researched prior to downloading content for personal use.

5. Data Protection

The increasing variety of electronic data that can now be held on children / young people via various databases could potentially be mishandled, stolen or misused.

The Data Protection Act 1998 gives individuals the right to know what information is held about them and provides a framework to ensure that personal information is handled properly. It promotes openness in the use of personal information. Under the Act, every organisation that processes personal information (personal data) must notify the Information Commissioner's Office, unless they are exempt.

The Data Protection Act 1998 applies to anyone who handles or has access to information concerning individuals. Everyone in the workplace has a legal duty to protect the privacy of information relating to individuals. The Act sets the following standards which must be satisfied when processing personal data (information that will identify a living individual). The Act also gives rights to individuals about what information (subject access rights) is held about them. Data must be:

- □ Processed fairly and lawfully
- □ Processed for specified purposes
- □ Adequate, relevant and not excessive
- □ Accurate and up-to-date
- □ Held no longer than is necessary
- □ Processed in line with individual's rights
- □ Kept secure
- □ Transferred only to other countries with suitable security measures.

For further information, please refer directly to the school Data Protection Officer (Headteacher).

6. e-safety complaints

Any complaints about e-safety concerns should be progressed via the school's complaints procedure which is readily accessible to all; however efforts should be made to resolve low level issues internally. These must be recorded.

All factors in relation to the complaint must be clearly established in order to have substance. Complaints about employee's IDMT misuse should be escalated to the most senior manager within the organisation and be managed according to recognised disciplinary and child protection procedures.

Senior leaders reserve the right to scrutinise IDMT use, in particular, to identify sites accessed. This is particularly important where there is an allegation that illegal or inappropriate websites have been accessed. Potentially illegal issues must always be referred to the police in the first instance.

7. Internet in the Local Community

As internet access is now readily available in all areas of the community, it is recommended that all organisations within North Yorkshire have a consistent approach towards e-safety and adopt the key principles of this policy for local use so that these are embedded in their everyday work.

There is a fine balance to be achieved in ensuring ready access to information whilst providing satisfactory age appropriate protection for children and young people. Sensitive handling of cultural aspects is important. For instance filtering software should work across community languages and organisations and IDMT policies may need to be translated to reflect the county's diversity.

8. Monitoring e safety incidents and reporting abuse

Any form of electronic or digital abuse towards young people should in the first instance be reported to the Child Exploitation Online Protection service <u>www.ceop.police.uk</u>, and also reported to the relevant IDMT lead with the school. Any incidents which place a young person in immediate danger should be referred to the local police by calling 999.

It is recommended that the CEOP 'report abuse' tool is downloaded onto all computer browsers. This tool provides instant online access to report any form of online abuse. Young people should also be encouraged to download this tool directly onto their electronic devices, especially applications such as personal Facebook profiles.

The monitoring of e-Safety incidents is crucial for learning lessons and to inform actions. Therefore our Schools monitor the following as a suggested minimum dataset of e-Safety incidents:

- □ A description of the e-safety incident
- Who was involved
- □ How the incident was identified
- $\hfill\square$ What actions were taken and by whom
- $\hfill\square$ Conclusions of the incident

The NYSCB will review and monitor IDMT related safeguarding incidents and trends via the e-Safety sub group, including the overall nature and range such incidents from information submitted by partner agencies. A report will be presented to the Main Board meeting specifically considering;

- □ Why the incident(s) happened
- □ Any preventative measures
- Effectiveness of the response by the agency
- □ Lessons learnt to inform on-going policy and practice

9. Promoting the Policy

We try to incorporate children in the design and layout of our e-safety policy as their perceptions of risk will vary from age group to age group. Posters are often displayed in rooms where computers can be accessed which highlight the policy and reiterate that all network and internet usage will be monitored and appropriate action will be taken if abuse occurs. Pupils are expected to sign an acceptable use agreement, which indicates their responsibilities regarding the use of ICT and e-safety.

This policy is made readily available to parents / carers and foster carers upon request.

10. Staff Engagement

All staff with responsibility for young people's learning via IDMT, must be familiar with this policy and given opportunities to raise issues and concerns they face in their day to day working responsibilities.

All staff must understand that misuse of IDMT will result in disciplinary action being taken against them in line with the Council's 'Using Systems and Data Policy' and the 'Staff Code of Conduct' and 'Disciplinary Procedure'. Other organisations adopting this policy should have similar procedures.

Employees unsure of what constitutes acceptable usage of the internet should always check with management. They should be aware that all internet usage is monitored and can be traced back to each individual user.

Staff must also be aware of what is acceptable in terms of their engagement with children and young people via IDMT means.

Staff (including volunteers) should never disclose or share their personal details (i.e. personal mobile phone numbers, email addresses or social networking profiles etc.) or send or accept friend requests on social networking websites with children and young people / service users.

Any necessary contact between a young person and a professional should be made via equipment and contact details provided by the employer (not personal equipment / contact details) and be clearly recorded on a need to communicate basis and with the consent of the parent/ carer or foster carer. Alternatively, personal contact details for children / young people should be stored centrally by management and only accessed on a need to know basis as approved by management.

We have adopted an open culture of vigilance in the workplace and staff must feel confident in identifying and challenging poor and/or risky working practices. For further guidance on Safer Working Practice with Technology, please refer to supplementary guidance.

This policy has been drafted in consultation with the LADO. Breaches of the policy by members of staff may lead to action taken in line with our safeguarding and child protection procedures, and may involve the LADO.

Ideally, training on acceptable usage and responsible e-safety should be provided during the induction period for all new employees with a specific emphasis on professional boundaries, confidentiality and data protection.

11. Engaging with Parents / Carers & Foster Carers

Parents/ carers or those with temporary guardianship for young people have responsibility for their children's access to personal and public computers, mobile phones and gaming platforms.

Most children / young people now have access to the internet by way of a home computer / laptop / tablet PC, gaming platform or mobile phone and those with parental responsibility for young people must ensure that this allows for some degree of supervision and that both young people and their parents / carers or foster carers are educated on the risks attached to the internet.

In particular, children and young people with additional vulnerabilities such as:

- □ special educational needs;
- physical / learning disabilities;
- □ are out of mainstream education;
- □ have behavioural problems;
- □ are unable to fully understand the consequences of their action;
- □ are young offenders or are affiliated with gangs;
- □ are travellers with inconsistent access to education;
- □ have language barriers if English is a second language; or
- □ are in short term accommodation or placements

must be made fully aware of the dangers they face online and should have a greater degree of supervision to minimise any risk to them.

We endeavour to work in partnership with parents / carers & foster carers by way of promoting esafety on our school's website, newsletters and events such as parent's evenings and raising awareness of the resources available to them including those accessible via the Parents section of the ThinkYouKnow website: www.thinkyouknow.co.uk.

Signed parental consent should always be received prior to permitting our pupils access to the internet, which will form part of the schools AUP.

Please refer to the attached Appendix 1 for further information on this.

12. Additional Online Advice & Support

www.safeguardingchildren.co.uk/ North Yorkshire Safeguarding Children's Board

www.ceop.police.uk Child Exploitation Online Protection Centre for reporting internet abuse

<u>www.thinkyouknow.co.uk</u> Practical online advice and training resource for children, parents and teachers

<u>www.nen.gov.uk</u> National Education Network - Online advice and training resource for children, parents and teachers

<u>www.cybermentors.org.uk</u> Social Networking site for young people which trained young people mentor other young people requiring support

UKCCIS Strategy Report Internet safety advice from the UK Council for Child Internet Safety

www.facebook.com Popular social networking website

www.ofcom.org.uk Provides information on how to keep up with new technology

www.digizen.org Department of Education and Childnet advice and guidance on cyber-bullying

http://consumers.ofcom.org.uk/2010/10/parental-controls-help-your-children-manage-their-media How to help your child manage their internet via parental controls

Appendix 1

E-safety advice to parents / carers and foster carers

Those with parental responsibility for children should pay particular attention to the following 'rule of thumb' advice in order to safeguard young people they hold parental (including temporary) responsibility for. Please remember that most children / young people have internet access via their own mobile phones, laptops and tablet computers which can be restricted by using the relevant parental consent controls (foster carers should always verify what restrictions they can impose directly with the young persons allocated social worker) and via certain online gaming platforms such as X Box and Playstation.

Parents / carers and foster carers of children with additional needs or vulnerabilities must appreciate that their children will require additional support around e-safety particularly if their child is: Disabled

- □ Has special educational needs or learning difficulties
- □ Is looked after and placed in an area unfamiliar to them
- □ Is out of mainstream education
- □ Speaks English as a second language (or does not understand English)
- Known to have gang associations
- □ Has been the victim of bullying or crime or has lived with domestic violence
- □ Is gay or unsure about their sexuality
- □ Has emotional or learning difficulties or does not fully understand the impact of their actions
- □ Has been the victim of bullving
- □ Has inconsistent access to education (i.e. is a traveller)

Parents / carers and foster carers should take advantage of the many online resources available via the parents section of the ThinkYouKnow website: www.thinkyouknow.co.uk

Parent/ carers may also wish to download the Child Exploitation Online Protection tool onto their computer browsers. This is available via www.ceop.police.uk.This tool provides instant online access for reporting any form of online abuse.

Parents/ carers may also wish to encourage children to download this tool directly onto their Facebook or other social network profile page which will act as a deterrent to potential perpetrators.

Restricting access to unsuitable websites

The following websites are examples of those which pose threats to or may be unsuitable for young people and access may have to be restricted or denied by using appropriate filters:

- □ Those which are sexually explicit or contain information of a sexual nature
- □ Those which permit the purchase of or promote the usage of drugs, alcohol or tobacco
- Personal and dating websites
- □ Age inappropriate chat rooms and social networking sites
- Certain gaming platforms and websites via X-Box, Playstation, Wii etc.
- □ Websites promoting eating disorders
- □ Websites promoting suicide

U Websites which teach criminal activities or skills including the purchasing, or enabling, of weapons and which advocate terrorism or extremism

□ Those which portray or promote violence or inappropriate language including certain online gaming platforms

□ Those which advocate hate speech about religion, race, nationality, gender, age disability or sexual orientation

Chat rooms and social networking sites

Depending on the age of the young person, access to chat rooms and social networking sites may not necessarily be restricted or prohibited (Facebook has a minimum age of 13), however those with parental consent should monitor which websites are being accessed and be familiar with the following risks before permitting access:

□ People on the internet may not be who they say they are and may be trying to access young people via chat-rooms in order to gain their trust and take advantage of them.

Voung people should also be encouraged to never give out any personal details or images which may identify themselves, their peers, their siblings / foster siblings,

their location or any groups, schools or organisations they attend or associate with. This includes real names, dates of birth, address, phone numbers, e-mail addresses,

photographs or videos, school attended, IM and email addresses, including those of friends, family / foster family and peers. This also includes any 'gangs' they may be affiliated with.

□ Young people should not engage in risky behaviours on webcams as images can be shared with others, even by those they know – young people should be made aware that once an image is uploaded to the internet they no longer have control over it, irrespective of how quickly they try to remove the image.

□ Young people should not meet up with strangers they have met online. Other internet users may not be who they claim to be and may have spent months 'grooming' a young person in order to gain their trust and take advantage of them. If however you suspect that a young person does intend to meet up with someone you should advise them to always take someone else along with them and to meet in a busy public place such as a café or coffee shop and to stay there and under no circumstances, to go off with the person they have just met on their own.

Parents / carers and foster carers should only ever accept and confirm Facebook friend request from those already known to them.

Parents / carers and foster carers should ideally monitor their child's Facebook accounts and 'friends' lists.

Whilst for many families, Facebook, and other similar social networking sites, are a good way of keeping in touch and sharing information and photographs with other friends and family, this presents specific challenges and risks for foster carers in terms of safeguarding the young people they have temporary guardianship for.

In particular, foster carers should adhere to the following principles:

□ Never upload photos of looked after children or their friends on to your Facebook profile.

□ Never refer to the names of looked after children, their schools or the locations you go to with them or activities you do with them.

 \Box Ensure your own children, other family members and friends follow the same principles and do not upload pictures of looked after children or refer to activities or locations they have been to with them.

 $\hfill\square$ Never make reference to yourself as a foster carer on your Facebook profile.

 $\hfill\square$ Ensure that your privacy settings are restricted to 'friends only'.

□ Encourage your foster child(ren) to tell you about their positive and negative internet experiences. Work with them to help avoid future problems by finding solutions.

Know what's 'cool' on the net and keep up with buzzwords, acronyms and latest trends.

Always seek advice from the child's social worker in the first instance prior to permitting access to Facebook or any other social networking sites.

Gaming Platforms

In order to keep a young person's online gaming profile safe, age appropriate, fun and educational, parents / carers and foster carers should adhere to the following advice:

□ Know the risks of online gaming:

□ Young people could download offensive content or viruses if they download games from non-reputable websites

□ Some free games may require extensive profiles which game owners could then illegally sell on or exploit

□ Young people can be bullied and harassed online

□ Young people can be groomed online into meeting another player

□ Young people can become addicted to gaming, particularly Role Play games

□ Explore online games together with the young person

□ Research and purchase online games with the young person only from reputable websites sticking to well-known games which are age appropriate and suitable for all the family

 $\hfill\square$ Verify the game is age appropriate for the young person

Review and agree to the games terms and rules of play

□ Install family settings on games and explain to the young person why this is necessary

□ Teach the young person basic rules for safer play

□ Verify how the sites privacy policy will protect information about young people

□ Agree on rules of play and set boundaries and time limits with the young person

□ Keep the gaming platform in a family room rather than the young person's bedroom. This also prevents young people playing games in the privacy of their bedroom after they have gone to bed.

□ Only allow young people to play online when under supervision from a responsible Adult.

□ Advise young people never to share personal information about themselves, their family, their school or where they live. This includes the sharing of images of themselves.

□ Young people should not meet up with other online gamers unless they are already known to the young person

Password protect gaming accounts with complex passwords and create non suggestive family gaming names

Agree on fair play and to treat other gamers with respect and to trust instincts. If something doesn't feel right, then this must be raised with a responsible adult.

Please remember that there is a balance to be struck between freedom and protection, supervision and privacy and common sense. Children are looked after for a variety of reasons and very often, their foster families, schools and location have to be kept confidential from their birth families for their own safety and protection.

Foster Carers can refer to further Looked After Children guidance available from the young person's allocated social worker.

The following websites also provide additional useful advice for parents / carers and foster carers:

Thinkuknow: www.thinkuknow.co.uk

Ofcom: <u>http://consumers.ofcom.org.uk/2010/10/parental-controls-help-your-children-manage-their-media</u>

Appendix 2: Cyber Bullying

It is essential that young people, professionals, parents / carers and foster carers understand how cyber bullying differs from other forms of bullying, how this can affect young people and what can be done to combat this form of abuse. Cyber bullying is just as harmful as bullying in the 'real' world and clear procedures should be in place to support the victim as well as respond to and manage the perpetrators actions.

It must be understood that as cyber bullying can happen 24 hours a day 7 days a week 365 days a year and at any time of the day or night, it differs from 'real world bullying as the victims cannot escape or find respite as it invades places that would ordinarily be safe and private spaces. Organisations must aim for the same 'zero tolerance' approach towards cyber bullying as they would for any other form of bullying.

Those who participate in online bullying often use groups of friends to target their victims. An action as innocent as adding derogatory comments to another person's photograph could rapidly spiral out of control and young people may not realise that their actions constitute bullying however the following are the most commonly reported :

□ Email – Can be sent directly to an individual or group of people to encourage them to participate in the bullying and can include derogatory comments or harassment or examples of homophobia, racism, sexism or other forms of prejudice either by message or image. Something originally meant to be a joke can soon escalate out of control.

□ Instant Messaging / Chat Rooms – Messages can be sent directly to an individual or group of people who can then be included in the conversation. Again, conversations can easily escalate out of control.

□ Social networking sites – Anonymous profiles can be set up on social networking sites to make fun of someone and each person contributing to these pages can soon worsen the problem. Inappropriate and threatening comments and images can also be posted and circulated about individuals without their consent.

□ Mobile phone – Anonymous and abusive or age inappropriate text or video messages, photo messages and phone calls can be shared via mobile phones. This also includes the sharing of videos of physical and sexual attacks (which is a criminal offence) on individuals.

□ Interactive gaming - Games consoles allow players to chat online with anyone they find themselves matched with in a multi-player game. Sometimes cyber bullies abuse other players and use threats. They can also lock victims out of games, spread false rumours about someone or hack into someone's account.

□ Sending viruses – Viruses or hacking programs can be sent by one person to another in order to destroy their computers or delete personal information from their hard drive.

□ Abusing personal information – Personal and sensitive information (including videos and photographs) could be uploaded onto the internet without the victims permission.

□ Social networking sites such as Facebook make it very simple for other users to obtain personal information and photographs of others. They can also get hold of someone else's messaging accounts and chat to people pretending to be the victim.

Although cyber bullying of itself can not physically hurt a person, it can leave a young person mentally vulnerable, frightened and lonely and seemingly very difficult to escape from, particularly when this occurs in their own home and can lead to the bullied victim causing harm to themselves, which in some cases may lead to suicide.

However, some instances of cyber-bullying are associated with or are linked to gang affiliation and 'real world' bullying and can rapidly escalate into physical retaliation as recent high profile violent (and sometimes fatal) cases highlight. These cases are stark reminders that cyber-bullying cannot and must not be minimised.

There is no simple answer why some young people choose to bully other young people however all organisations working with young people should ensure they have recognised policies and procedures to challenge any form of bullying on their premises. Professionals should also be able to recognise signs and symptoms of bullying and have confidence in dealing with this.

All incidents of cyber bullying must be recorded and if necessary, escalated to the police if a criminal offence is suspected. (See Appendix 5). Young people should store the electronic records of abuse which will be essential in any subsequent investigation. DoE and Childnet have produced resources and guidance that can be used to give practical advice and guidance on cyber-bullying: http://www.digizen.org/resources/cyberbullying/overview/default.aspx

There is also an excellent award winning short film that helps sensitise people to the hurt and distress that can be caused by cyber-bullying. The film shows ways in which cyber-bullying can occur, who it involves, how it can affect different people, and what can be done to prevent it and respond to it.

http://www.digizen.org/resources/cyberbullying/films/uk/lfit-film.aspx

Appendix 3:

Frequently asked questions and answers

Q1) Should I use my personal mobile phone or camera to photograph or video children / young people I work with?

A1) No. Any photographic or video images of children / young people should always be recorded and stored on equipment belonging to the organisation after written consent from the parent/carer and with the agreement of the child/young person and the organisations senior management. Care must be taken to ensure that images are stored appropriately and securely.

If at any time you are witness to visible injuries or other signs of abuse or neglect (i.e. bruising or scarring), you must not under any circumstances take any photographic images of this. Only medical staff and the Police Child Abuse Investigation Team (CAIT) are permitted to take photographic evidence.

Q2) Is it appropriate for me to continue to use my social networking sites?

A2) Professionals should review their personal content and on-going usage of social networking sites as and when their professional responsibilities increase. Sound password and privacy settings should be applied (and regularly changed) in order for your profile and information about yourself to remain private. Friend requests from service users should be politely declined and as a rule of thumb, you should not publish any comments, images or comments about yourself or colleagues that you would not want your parents, children, family or employer to see either now or in ten years' time.

Professionals should be aware that they should never under any circumstances post derogatory comments about their colleagues, their employer or service users as these could compromise their professional integrity and normally lead to disciplinary action by their employer.

Q3) Is it appropriate for me to have service users as friends on my instant messaging service?

A3) No. Professional boundaries have been overstepped and any communication with service users should always be made via appropriate channels in the working environment that can be scrutinised by management as necessary.

Q4) How can I ensure I am communicating with service users safely?

A4) Any communication between professional and service user should always (where possible) be made via equipment provided by the organisation in order for contact records to be logged and checked if necessary. Professionals should never use their personal email addresses, home addresses or personal telephone numbers to communicate with service users. This minimises the risk of allegations being made against the employee.

Q5) What is my responsibility for my work equipment (i.e. laptop / mobile phone) outside of my workplace?

A5) Unauthorised access to a wider network of websites by friends, family members and even strangers could increase the possibility of viral attacks, identity theft and inappropriate content being accessed / downloaded without your knowledge which you would be responsible and held accountable for. Personal and sensitive information about service users could also be accessed for inappropriate purposes.

Professionals accessing electronic work equipment outside of their normal workplace must therefore ensure they retain absolute control of this.

Q6) How can I store personal data safely?

A6) Electronic personal and confidential information must always be kept secure on hard drives or memory sticks but must be password protected and encrypted in line with the School's Acceptable Use of Internet & Data Protection policies.

Appendix 4: Procedure for managing e-safety concerns

E-Safety concern is raised

Establish full nature of the concern

Inform the e-safety lead or designated safeguarding lead

Is the concern possibly illegal or a criminal offence	
No, but inappropriate	Yes

Are there "Child In Need" or Child Protection concerns	Secure evidence where possible
Refer to Children's Social Care	Contact Police/ CEOP

Refer to LADO (if alleged perpetrator is a professional or volunteer)

Consider school procedures

Inform parents/ carers (where appropriate)