



	WEEK 1 W/C 6, 27 Sept, 18 Oct, 15 Nov, 6 Dec	WEEK 2 W/C 13 Sept, 4 Oct, 1st, 22 Nov, 13 Dec	WEEK 3 W/C 20 Sept, 11 Oct, 8 & 29 Nov
M O N D A Y	Beefburger in a Bun v Vegetable Sausage in a Bun Chipped Potatoes Peas & Carrots Sliced Wholemeal Bread Jacket Potato 1 - Baked Bean or Jacket Potato 2 - Tuna Ham Sandwich	Connie's Chicken Quesadilla with Rice v 5 Veggie Pasta Sweetcorn & Green Beans Sliced Wholemeal Bread Jacket Potato 1 - Tuna or Jacket Potato 2 - Baked Bean Cheese Sandwich	Minced Beef & Dumpling v Veg & Bean Tortilla Boat Mashed Potato Mixed Vegetables Poppy Seed Bread Jacket Potato 1 - Cheese or Jacket Potato 2 - Baked Bean Tuna Sandwich
	Sticky Date & Apple Bar, Custard Fresh Fruit or Fruit Yoghurt	Sultana & Oat Cookie Fresh Fruit or Fruit Yoghurt	Chocolate Crispy Fresh Fruit or Fruit Yoghurt
T U E S D A Y	v Macaroni Cheese Green Beans & Sweetcorn Crusty Bread Jacket Potato 1 - Tuna or Jacket Potato 2 - Cheese Egg Mayo Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Pasta Bolognese v Crunchy Topped Cauliflower & Broccoli Cheese Mixed Greens & Carrots Garlic Bread Jacket Potato 1 Chicken Mayo or Jacket Potato 2 Cheese Tuna Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Cheese & Tomato Pasta Sweetcorn & Peas Herby Bread Jacket Potato 1 - Baked Bean or Jacket Potato 2 - Tuna Egg Mayo Sandwich Cheese & Crackers Fresh Fruit or Fruit Yoghurt
W E D N E S D A Y	Roast Chicken with Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables 50/50 Bread Jacket Potato 1 - Baked Beans or Jacket Potato 2 - Veggie Curry Chicken Sandwich	Sausage & Yorkshire Pudding v Vegetable Casserole Creamy Mashed Potatoes Broccoli & Swede Herbie Bread Jacket Potato 1 - Tuna or Jacket Potato 2 - Veggie Chilli Ham Sandwich	Roast Pork Loin with Apple Sauce v Falafel Burger Creamy Mashed Potatoes & Gravy Broccoli & Carrots 50/50 Bread Jacket Potato 1 - Tuna or Jacket Potato 2 - Chicken Mayo Cheese Sandwich
	Fruit Muffin Fresh Fruit or Fruit Yoghurt	Fruit Mousse Fresh Fruit or Fruit Yoghurt	Forest Fruit Roly Poly & Custard Fresh Fruit or Fruit Yoghurt
T H U R S D A Y	Mexican Tortilla Boats v Vegetable Curry Savoury Rice Carrots & Broccoli, Pitta Bread Jacket Potato 1 - Cheese or Jacket Potato 2 - Baked Bean Tuna Mayo Sandwich Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	v Cheese & Tomato Pizza Diced Potatoes Crunchy Veg Sticks Jacket Potato 1 - Baked Bean or Jacket Potato 2 - Tuna Egg Mayo Sandwich Apple & Berry Crumble & Custard Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice v Cheese, Leek & Potato Bake Green Beans & Cauliflower Naan Bread Jacket Potato 1 - Baked Beans or Jacket Potato 2 - Vegetable Curry Chicken Mayo Sandwich Fresh Fruit or Fruit Yoghurt
F R I D A Y	Fish & Sweet Potato Cake v Vegetable Bake Diced Potato Baked Beans & Peas HM Wholemeal Bread	Fish Fingers v Cheesy Pastry Tomato Ketchup, Chipped Potatoes Carrots & Peas Pumpkin Seed Bread	Harry Ramsdens Battered Fish v Roast Vegetable Parcel Chipped Potatoes Peas & Sweetcorn Sunflower Seed Bread
	Jacket Potato 1 - Chicken & Sweetcorn Jacket Potato 2 - Tuna Cheese Sandwich	Jacket Potato 1 - Cheese or Jacket Potato 2 - Baked Bean Chicken Sandwich	Jacket Potato 1 - Chicken Mayo or Jacket Potato 2 - Cheese Ham Sandwich
	Fresh Fruit or Fruit Yoghurt	Fruit Shortcake Fresh Fruit or Fruit Yoghurt	Iced Swiss Bun Fresh Fruit or Fruit Yoghurt